




Local News - July 2024 - Issue No. 536 - Online Version

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The views & opinions expressed in this Publication are those of the contributors.



picnic in the park

Photo Gallery Pages 21 to 24




DRAFT MAYNOOTH AND ENVIRONS JOINT LOCAL AREA PLAN 2025 - 2031

PUBLIC CONSULTATION



Kildare County Council and Meath County Council have published the Draft Maynooth and Environs Local Area Plan 2025 - 2031.

The Draft Maynooth and Environs Joint Local Area Plan 2025-2031 (Draft Plan) comprises a written statement and maps and these documents may be inspected from **Wednesday 19th June to Thursday 1st August 2024 (during normal opening hours)** at the following locations:

- Online at: <https://consult.maynooth.ie>
- Maynooth Community Library, Main Street, Maynooth, Co. Kildare.
- Planning Department, Kildare County Council, Áras Chill Dara, Naas, Co. Kildare.
- Planning Department, Meath County Council, Buvinda House, Dublin Road, Navan, Co. Meath C15 Y291
- Ratoath Municipal District Office, Drumree Road, Dunshaughlin, A85 XK20

A public information session will take place on Wednesday the 10th of July from 3pm to 7pm at the Technology, Society and Innovation Building (TSI Building) Maynooth University, Kilcock Road, Eircode W23 X04D. Kildare County Council and Meath County Council now invite submissions in respect of the Draft Plan and accompanying reports (including environmental reports) before **4pm on Thursday 1st August 2024**. Your name and address should be stated in your submission, and where relevant, the body or organisation represented. Children or groups/associations representing the interests of children are welcome to make submissions. Please make your submission in **one** of the following ways **only** (Late submissions, e-mail or faxed submissions will not be accepted):

- Online at <https://consult.maynooth.ie> ; or
- In writing marked "Draft Maynooth and Environs Joint Local Area Plan 2025-2031" to :
- Senior Executive Officer, Planning Department, Kildare County Council, Áras Chill Dara, Naas, Co. Kildare, or
- Senior Executive Officer, Planning Department, Meath County Council, Buvinda House, Dublin Road, Navan, Co. Meath C15 Y291.

Submissions/observations made within this period will be taken into consideration before the making of the Maynooth and Environs Joint Local Area Plan 2025 – 2031. A report will be prepared on submissions received and will include the names of those who made submissions. This report will be published on our websites. Details of your privacy entitlements and obligations under GDPR can be read here: www.kildarecoco.ie/YourCouncil/GovernanceandCompliance/DataProtection/

www.meath.ie/council/your-council/your-data-and-access-to-information/data-protection

DEADLINE FOR SUBMISSIONS: 4pm Thursday 1st August 2024.

Published by: Maynooth Community Employment Project, Unit 10, Tesco's S.C. Carton Retail Park, Maynooth. Phone - 01-6285922 email - office@maynoothcep.com Website: www.maynoothcep.com Registered as a Charity in Ireland RCN # 20100063 - CHY # 21086



Maynooth Newsletter

Recording the Social Footprint of Maynooth since the 1970s

This publication is produced by Maynooth Community Employment Project, supported by the Department of Employment Affairs & Social Protection, which is funded by the Irish Government.

Registered as a Charity in Ireland RCN # 20100063 - CHY # 21086

The opinions and statements expressed in the articles are those of the contributors and not necessarily those of the Editorial Board. All materials to be included in the next edition of the Newsletter should be sent by e-mail or addressed to:

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Website: www.maynoothcep.com

Letters to the Editor

Letters to the Editor, for publication, should be sent by e-mail to: editor@maynoothcep.com

Mission Statement

The Maynooth Newsletter is a community focused publication available free to the people of Maynooth. It plays an important role in gathering together, recording and distributing community based news.

We encourage all groups and individuals in the community to submit material to let us know about their activities and any upcoming events.

The Newsletter exists for your enjoyment and we hope you continue to enjoy your monthly read and keep us informed of your activities.

The Editorial Board endeavours to ensure independence and balance in the Newsletter content and reserves the right to omit/edit or abridge material which in its opinion might render the Newsletter as a promoter of sectional interests. In addition we undertake the following:

- In the case of errors of fact we will publish corrections when we become aware of such.
- In the case of unwittingly or unfairly impugning the reputation of any person we hereby offer that person the right to reply.

Any contributor seeking further guidelines in this matter is invited to contact the Editorial Board.

Copy date for receipt of articles is published in the Newsletter. We must stress that material submitted after the copy date cannot be accepted.

Maynooth Newsletter Archives

The management and staff of the Maynooth Community Employment Project started a project in March 2011 to acquire and digitise all available issues of the Maynooth Newsletter dating back to 1975. These back issues along with current issues are available by following the archive link on our webpage - www.maynoothcep.com.

The Newsletter Archive can be viewed and searched in pdf format. In addition, there exists the capability to be able to search an entire year. Please be aware the single files associated with the year are larger and will take a little longer to load. The Archive provides an important historical footprint of the Town and records the community profile of Maynooth from the mid-seventies to the present day. We hope you enjoy using it and that it brings back memories of people, places and times and that it equally provides an interesting insight to the development of the town and university for newly arrived members of our community.

Disclaimer

While every care has been taken to display accurate information, Maynooth Newsletter will not be held responsible for any loss, damage or inconvenience caused as a result of any inaccuracy or error within.

All information should be verified from an independent source.

Editorial Board - Maynooth Newsletter

Editorial

There was widespread shock at the news of the unexpected death of Eddie Tobin from Railpark on the 25th June. Our sincere sympathy to his wife Geraldine, daughters Elaine and Orlaith and their families as well as siblings William, Jimmy and Miriam and their families. Eddie was well known and made a major contribution to Maynooth over the years that he and his family have lived in the town.

Congratulations to the successful candidates elected for the Maynooth LEA at the local authority elections for Kildare County Council held recently. Putting yourself up for election is not easy so it is important to acknowledge all of the candidates who do so. Elected Councillors have a five year new term when they will get to make key decisions that will shape the future of Maynooth. One of the biggest decisions that needs to be made is the completion of the Maynooth Local Area Plan 2025-2031. The draft plan went on display on June 19th and will stay on display until August 1st next. This is the deadline for submissions to be made as well. It is a pity that they plan goes up for consultation during prime holiday time but I suspect that people interested in the plan will ensure to make a submission on time. A public information session on the proposals in the draft plan will take place on Wednesday the 10th of July from 3pm to 7pm at the Technology, Society and Innovation Building (TSI Building) Maynooth University, Kilcock Road, Eircode W23 X04D.

Congratulations to Maynooth Community Council and all associated with the Picnic in the Park event last month. Big crowds attended and there was a range of interesting activities on display. The event was a collaboration between the local community, business and Kildare County Council as is needed to manage an event of this scale. Maynooth has grown rapidly in recent years so it is important to provide a showcase for the activities that are available in the town, particularly for newer residents to get to know about them. The Maynooth Newsletter has included many of the photographs taken on the day so if you were there you may be included in the pictures.

Continuing on the theme of congratulating people, I would like to mention two new recent initiatives that I am aware of. One is the running club started by Camila Melo where she reached out to see if there was any local interest from others to get active. From social media postings I note that the number of people who has taken up the challenge is continuing to grow. As well as running the group seem to stop for refreshments so there is a social aspect involved as well.

The contact information is @brewjogg. The second local initiative is "Grow Remote Maynooth" which is aligned with Grow Remote a national organisation who aim to connect people who are working hybrid and remotely. Alan Hayes has led the initiative to get this going in Maynooth. A number of local meet ups have been organised recently which involve meeting for a walk followed by a visit to a café. The events that have been announced so far have taken place on both weekdays and Saturdays and can be booked on eventbrite.ie Well done to both Camila and Alan for taking on these initiatives. I would be interested to get some feedback from them on how these activities are developing. There is no doubt that they will be of interest to many people living in Maynooth.

It's great to see a few sunny days which bring a surge in live to the wonderful amenity that is the Harbour Field. It is so sad to see that a minority have no respect for such an amenity and leave it littered with their rubbish after use. One of the biggest dangers is that of broken glass which lies beneath the covering of grass. This could result in serious injury to others using the Field. We would appeal to people using any public open space to take their rubbish home or use the bins where provided.



Paul Croghan - Editor

**Copy date for the August edition will be
5pm on Monday 29th July 2024**



Gold Medal Winners 2016 - 2017 - 2018 2019 - 2021 - 2022 2023

Almost 30 volunteers were out and were very busy every Saturday for the month of June, for this we thank them most sincerely.

The recently extended bed at the Joan Slade River on Parson St. was planted up, ditto the bed at the junction of Straffan Road and Meadowbrook Link Road.

The bed outside the Presentation Girls' School has been tidied and prepared for planting. This will be done as part of a project with 6th Class girls.

The Bond Bridge area of Parson St. on town side, was cleared of weeds (for now!). The 'scuffling' machine or weed eater makes this task so much easier. The area around the ICA hall was tidied up and the bench there got a lick of red paint, thanks to our volunteer Sean McGahern who is available to do some private work for anyone who is interested. Sunflower planting and some weeding was done at the Pound.



The usual litter picking and recycling ensured the town looks well for Picnic in the Park. Well done to the organisers, Maynooth Community Council and Kildare County Council. We hope everyone enjoyed the event. MTT had a stand there, highlighting our activities and with information and leaflets on the Maynooth Heritage Trail. Thankfully the sun did shine and a great day was enjoyed by all the attendees.

Work continued throughout June at The Church of Ireland planting up the beds. They will look amazing thanks to Karen for the donation of probiotic soil. Thanks also to Iris and Cherry for organising the refreshments in the church afterwards.

We also asked the OPW to paint the gates outside the Castle. This project is ongoing at the moment.

We would like to thank Mark Nolan from Lily's restaurant for serving us complimentary refreshments recently.

Two of our members also attended the official opening of the new Boys School on The Moyglare Road. We were given a tour of the school by one of their students from the Orange team, wonderful experience, wonderful teachers, wonderful school.



We are always looking for volunteers please contact us on Facebook or on email at maynoothtidytowns@outlook.ie

Mary Molloy - Maynooth Tidy Towns Association

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- * Community Issues
- * Environmental Concerns
- * Employment Concerns
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Phone



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MAYNOOTH CYCLING CAMPAIGN



Maynooth Cycling Campaign Membership

Maynooth Cycling Campaign has embarked on an exciting restructuring. Like most other Irish cycle campaign groups, we are transitioning to a fee based membership. In the past, our costs were minimal. Moving to a standard fee of €30 per annum will enable us to pay for essential expenses such as insurance which supports our work locally. As a local organisation, we qualify for certain funding streams that do not permit applications from national organisations such as the Irish Cycling Campaign.

Local Government Elections

We would like to congratulate the successful candidates for their election to Kildare County Council and offer our commiserations to the unsuccessful ones. We look forward to discussing our asks with the successful candidates and to working with them in the next five years to bring about increased active travel.

Velo-City Conference in Ghent

This year, the Velo-City conference was held in Ghent with representatives from more than 60 countries, 1500 attendees, 400 speakers, 80 sessions and 90 exhibitors all dealing with one subject - cycling.

One of the speakers on the first day was Janette Sadik-Khan, who in 2007 was the first woman and first environmentalist to be appointed Transportation Commissioner of New York City. She shared her story of how she transformed the city's streets from pedestrianising Broadway in Times Square to building nearly 400 miles of bike lanes. While highlighting how, in major cities around the world, such as Paris and London, cyclists are now outnumbering car drivers, she stressed a point that is often overlooked - that building a cycling-friendly city or town will ultimately benefit everyone.

Rather than professionals or advocates, two of the most memorable quotes came from politicians Filip Walleeuw, Ghent Deputy Mayor said "*Speed management is important, but it is not enough. The real debate is about space. We have to give space not to cars but to people*".

And Line Barford, Mayor Copenhagen said "*Almost half the spaces in Copenhagen are still for cars. That needs to change, we must ask people what they want for their neighbourhoods*".

And of course the conference includes the traditional Bike Parade. It can be seen on YouTube at https://www.youtube.com/watch?v=cCw91ab_3VE. (Spoiler, it includes an anti-cycling protest at the start but it was a joke!!!)

If you want more details on the conference, you can get a summary of the each day of Velo-city 2024 below

[Tuesday Daily Report](#) – Connecting through Cycling

[Wednesday Daily Report](#) – 2,600 cyclists take over the streets of Ghent

[Thursday Daily Report](#) – It takes two to tango!

[Friday Daily Report](#) – The cycling story is our to spin!

Bikelash

Meanwhile, back home in Ireland, bikelash is alive and kicking with contribution from Regina Doherty, Ryan Air, and the Joe Duffy Show. "Bikelash" is the unwarranted response to the provision of safe facilities for cyclists, particularly in the reallocation of road space from cars.

Regina Doherty who was a successful FG candidate for the European Parliament, went for the populist vote in criticising the cycle facilities in Dublin provided by the City Council and likening cycle lanes to the Berlin Wall. However, in the past though, she has made supportive speeches in favour of cyclist safety and especially as her husband is a cyclist. While we accept that politicians do what they do to get elected, advocates do what we do and would point out that people also respect honesty and integrity in politicians.

Ryan Air never miss an opportunity for free publicity so took the opportunity of the Eamon Ryan's announcement that he would be resigning to push their message of "Flights not Bikes". Ryan Air are one of the biggest carbon emitters in Ireland. According to the Central Statistics Office, in 2020 excise exemption for jet kerosene resulted in the revenue foregone €273 million. Meanwhile, North America is under a heat dome and more than 1300 pilgrims have died in Saudi Arabia due to extreme heat while recently in Germany, Italy and Spain flooding has resulted in deaths to locals. Ryan Air want to remove the upper limit to the number of flights from Dublin airport which will worsen climate extremes.

Maynooth Cycling Campaign is a non-party political cycling advocacy group. If you wish to join us, email us at maynoothcycling@gmail.com. Further information on the campaign is available on our website.



Make your home smell good without chemicals Refreshing Scents for Summer

We all want a great-smelling home, especially when you live in a busy household or have guests over. And the right fragrance can instantly mask lingering odors, make a room smell fresh and more inviting.

But while there are plenty of commercial air fresheners available, many contain harsh ingredients which can be harmful when inhaled. This is especially worrying if there are small children or pets in the home. Luckily, there are some natural hacks to make your home smell good without chemicals.

These simple alternatives are all natural, and would only need a few household ingredients you might already have in your kitchen. So if you want to banish odors, and refresh your rooms, check out these natural hacks to make your home smell good without chemicals.

Create a Reed Diffuser Oil

Although reed diffuser oils are available in the stores, you can easily make your own. Simply add a few drops of your favorite essential oil to a small, narrow-necked glass bottle. Fill the rest with a carrier oil such as baby oil or almond oil before placing rattan diffuser sticks inside the bottle. Gently stir the mixture around before setting down on a countertop or table to instantly freshen the room. There are plenty of essential oil scents, but lavender, tea tree or eucalyptus work well for making your home smell fresh. Just be sure to keep essential oils out of reach from small children and pets. Another simple hack that made my bathroom smell fresh all week was putting a few drops of essential oil inside a toilet roll to give off a fresh smell each time it's used.



Make a Lavender Room Spray

Lavender is known for its fresh scent and calming properties, so it makes the perfect room freshener. First, fill a small spray bottle with 1 oz. of distilled water and 1 oz. of rubbing alcohol before adding 10-20 drops of lavender essential oil. The strength of the mixture is totally up to you, and also depends on the size of the bottle. Then, shake the bottle well to ensure the oils evenly disperse into the mixture. As well as being a great way to freshen up a room, you can also spray it on linen or on pillows to help you sleep well at night. Once the fragrance starts to fade, you can top up the lavender oil as and when needed.

Boil Oranges & Cinnamon

Another natural, aromatic air freshener is to simmer orange slices and cinnamon sticks.

Simply take a small saucepan with water, and add orange slices along with a handful of cloves and cinnamon sticks. Bring the pot to the boil then turn the heat down to simmer for several hours.

This will release a relaxing aroma throughout the home, making it smell like fall! Plus, you can always drink the mixture as a refreshing tea afterwards.



Make Herb Sachets

Dried herbs or flowers can instantly spruce up the air. Simply get some small cotton or muslin bags and fill them with your favorite dried herbs, spices and flowers such as lavender. You could also add a few drops of essential oil to enhance the fragrance. Then, either sew or tie the bag firmly with ribbon or string before placing it in a room. The fragrance should last for a week or two, but you can refresh your pouch by adding more drops of essential oil. In addition, herb sachets are ideal for placing inside drawers or closets to make your clothes smell nice and fresh.

Fresh Flowers

There's nothing more fragrant than the scent of fresh flowers and indoor plants around the home. And if you buy or grow your own flowers, consider sweet-smelling florals including white jasmines, gardenia, orchids and scented geraniums. If you prefer a fresh, citrus scent, opt for houseplants such as eucalyptus and lemon balm.



Make your own Potpourri

If you prefer dried flowers, you can also make a homemade potpourri. Potpourri is a blend of dried petals, fragrant herbs, spices and essential oils that will fragrance any room.

The easiest method is to combine one cup of dried rose petals, ¼ cup of dried rosemary, and ½ cup of dried lavender into a container. Then, add 5 to 6 drops of your preferred essential oil to your dried flowers before sealing your container. Let it sit for around two weeks to allow the essential oils to soak into the flower petals, and enhance the fragrance. Once it's ready to use, mix one teaspoon of orris root powder, which is a "fixative" to prevent your essential oils from evaporating. Finally, arrange your potpourri in an open glass jar or decorative container to make a beautiful and fragrant display.

Source: www.tomsguide.com/how-to-7-natural-hacks-to-make-your-home-smell-good-without-chemicals

THE MIRACLE PRAYER

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen
Say this prayer for three days, promise publication and prayer & favour, will be granted, no matter how impossible.

Never known to fail.
Thanksgiving for favour received.

Prayer to the Sacred Heart

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for a special favour, take it Dear Jesus and place it in your Sacred Heart where the Father sees it and so it will become your favour not mine.
Promise publication, never fails!

Prayer to the Sacred Heart

DEAR Heart of Jesus, in the past I have asked you for many favours. This time I ask for a special favour, take it Dear Jesus and place it in your Sacred Heart where the Father sees it and so it will become your favour not mine.
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Cllr. Angela Feeney Maynooth Labour News

E mail: angelaemfeeney@gmail.com - Phone: 0872381962

Labour

Review of Residents Association Grants Needed

I submitted a motion to the recent full Council meeting calling for a review of the Council's Residents' Associations grants policy. I welcomed the positive response I received from the Council and the motion got full support from all the members.

In 2022 the Council set up a committee to look at the criteria used to calculate the amount of the grants being paid to Residents Associations.

Until that time, the practice had been to use the number of houses in estates as a factor when calculating the amount of grant to be paid to the residents' associations. A new practice was agreed that would use the area of green space in the estate as the factor to decide the amount of the grant. The rationale being that the grants are mainly used to have green areas in estates maintained and the objective was to make the calculation more equitable

In speaking to the motion, I reminded the meeting that back in September 2022 it was agreed that the scheme would be reviewed the following year i.e. in 2023 to see if it was in fact meeting the objective of making the grants more equitable.

From my own experience working with various residents' association there are issues. Some residents find the new process cumbersome and requiring a lot of administration. As part of the online application process, residents' associations need to provide maps and acreage of the green spaces in their estate; three quotes are needed for the grass cutting costs. Many maintenance contractors are leaving the schemes and there is the huge issue of the rising costs of maintenance.

Residents associations depend on volunteers and many are not willing to continue in the role due to the level of what they perceive, rightly or wrongly, as the level of bureaucracy associated with the applications. A further issue is how adequate the amount of the grant is. The new policy has resulted in a reduction in the amount received and many of the older estates with ageing populations cannot afford to make up the difference in cost or increase the household subscriptions,

Some residents have told me that the grants have been reduced to such an extent while the amount of paperwork has increased; this has resulted in them deciding not to apply at all. I believe it is an issue that needs to be addressed at annual budget time as well during Local Property Tax project allocations.

I welcomed the report from the Council, which confirms that a review will be carried out. I suggested an earlier date than the end of 2025. The Director agreed to have the review earlier in 2025.

Footpath repairs on the Old Dublin Road

Wheelchair users in the town carried out two separate audits and this location was identified in both audits as problematic. The slope on the path makes it very difficult for everyone but especially for those with a buggy or using a wheelchair, rollator or trolley. Many end up having to move out on to the road. One mother who has a son, who is wheelchair user, finds it very difficult to keep control of his wheelchair at this spot. I acknowledge that repairs have been carried out at this location but the tiles are starting to lift. The area engineer will meet me at the location to arrange an inspection and to assess what remedies can be put in place.

Footpath repairs for Straffan

When I raised this question at the MD Council meeting, it was good to hear that footpath repair works will be carried out in Straffan later this year. Locations will be determined on a needs basis, where the worst locations will be prioritised.

Timeframe for the installation of the push button pedestrian crossing at MTFC

In February 2023, I called on the Council to install a push button pedestrian crossing on the Newtown Road Maynooth at the soccer club. It is good to hear that the works have been completed and we now need the ESB connection to be put in place. This is an important safety measure that will allow children to walk or cycle to the club in safety.

Twinning Event

I called on the Council to hold an event to mark the long-standing successful twinning between Maynooth and Canet-en-Roussillon, France. This very successful twinning relationship between secondary schools in both towns reached a 20th anniversary during COVID restrictions so nothing could happen to mark the event. When I raised the issue, the Council and members agreed to explore an event/s to celebrate this long relationship.

Draft Local Area Plan for Maynooth-Have your Say!

The Draft Maynooth and Environs Joint Local Area Plan 2025-2031 is now open for public consultation. The plan documents may be inspected from Wednesday 19th June to Thursday 1st August 2024 at the following locations:

- Online at: <https://consult.maynooth.ie>
- Maynooth Community Library, Main Street, Maynooth, Co. Kildare.
- Planning Department, Kildare County Council, Áras Chill Dara, Naas, Co. Kildare.
- Planning Department, Meath County Council, Buvinda House, Dublin Road, Navan, Co. Meath C15 Y291
- Ratoath Municipal District Office, Drumree Road, Dunshaughlin, A85 XK20

A public information session will take place on Wednesday the 10th of July from 3pm to 7pm at the Technology, Society and Innovation Building (TSI Building) Maynooth University.

Thank You!

I want to sincerely thank all those who voted for me in the recent local election. It is an honour to be re-elected to serve as your local public representative on Kildare County Council. I will continue to work hard on your behalf and as always, please get in touch about any issues of concern.

My upcoming motions and questions:

Motions:

1. That speed ramps be installed on the Moyglare Road Maynooth in the vicinity of the nursing home, to address speeding issues on this busy approach road to the town.
2. That the Council removes or significantly trims back the trees in the Moyglare Village Estate, Maynooth along the adjoining wall with Maynooth GAA.

Questions:

1. Can the Council provide any update as to when the push button pedestrian lights at MTFC will be energised?
2. Can the Council inform members when the Masterplan for Carton will be published?

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Events at **Maynooth Community Library**

For further information contact: www.kildare.ie/library maynoothlib@kildarecoco.ie Ph: 01-6285530



[facebook.com/KildareCountyLibraryService](https://www.facebook.com/KildareCountyLibraryService)



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Maynooth July CleverReach

Children's Events

Summer Stars Mary Poppins Theme Workshop with Go Fly Your Kite

Wednesday 3rd July, 3pm - 4pm

Bring some sparkle to your library this Summer for your Summer Stars Programme with our Go Fly Your Kite workshop.

We will be looking at the book Mary Poppins written by PL Travers and the fascinating history behind this author.

We will be reading from her book, singing some of the famous songs from Mary Poppins, watching some video clips and the children will receive their very own specially designed Mary Poppins kite to take home!

Fancy dress is optional ! Book places for children only, all children must be accompanied by a parent/guardian.

Booking link : [Book Free Ticket – Summer Stars Mary Poppins Theme Workshop with Go Fly Your Kite – Maynooth Community Library Main Street Maynooth Co. Kildare \(tickettailor.com\)](#)

Song & Rhyme Time for 0-2 year olds

Fri 5th and Fri 12th July , 10am to 10.30am

A story and song session for ages 0-2. There'll be a few short stories, and some popular Action Songs to engage younger attendees. Book places for children only, all children must be accompanied by a parent/guardian.

Booking link: [Book Free Ticket – Song & Rhyme Time for 0-2 year olds – Maynooth Community Library Main Street Maynooth Co. Kildare \(tickettailor.com\)](#)

So You Missed Out on Taylor Tickets - Craft and Karaoke Event for Ages 8-14

Thursday 11th June , 12.00pm - 1.00pm

Tickets for Taylor Swifts gigs in Dublin were hard to come by so we're celebrating Taylor in the branch by hosting Taylor themed crafts including friendship bracelets and optional karaoke on our screen at the back of the library. Also suitable for post concert blues for those who got lucky!

For ages 8 to 14 this will be a drop in style event where attendees can come and do whatever parts they like. As the age group is wide, we will have tables for ages 8-11 and 12-14.

Booking link : [Select tickets – So You Missed Out on Taylor Tickets - Craft and Karaoke Event for Ages 8-14 – Maynooth Community Library Main Street Maynooth Co. Kildare \(tickettailor.com\)](#)

ARGH Pirates & Fun By the Seaside: Storytime for Ages 3-6

Friday 19th July, 3pm- 3.30pm

Ages 3-6

Who doesn't love a good story about pirates, gold and adventures by the seaside?

Fancy dress is optional but encouraged.

Please note that it is only suitable for children 3+. Book places for children only, all children must be accompanied by a parent/guardian.

Booking link : [Book a Free Child Ticket – ARGH Pirates & Fun By the Seaside: Storytime for Ages 3-6 – Maynooth Community Library Main Street Maynooth Co. Kildare \(tickettailor.com\)](#)

Monsters aren't always scary! Story-time for 3-6 year olds

Fri 26th July, 3.00 -3.30pm

Join us for some fun stories about friendly monsters and other creatures. Please note that it is only suitable for children 3+ . Book places for

children only, all children must be accompanied by a parent/guardian.

Booking link:

[Book a Free Child Ticket – Monsters aren't always scary! Story-time for 3-6 year olds – Maynooth Community Library Main Street Maynooth Co. Kildare \(tickettailor.com\)](#)

Climate Action Events

Bee Pollinator Workshop for ages 8 -12 years

Wednesday 10th July, 3pm – 4pm

Discover how amazing our wild bees and our honeybees are, how the All-Ireland Pollinator Plan helps them, and learn how to handle beekeeping equipment. With Laois Outdoor Education. Book places for children only, all children must be accompanied by a parent/guardian.

Booking link: [Book Free Ticket – Pollinator workshop for ages 8 - 12 – Maynooth Community Library Main Street Maynooth Co. Kildare \(tickettailor.com\)](#)

Cear dlann Drámaíochta - Theatre Workshop in Irish and English for 6-12 year olds

Wednesday 31st July , 11.00 am - 12.30pm

Sa cheardlann drámaíochta seo beidh deis ag páistí sraitheanna míme a chleachtadh agus déanfar iniúchadh ar fhisiciúlacht na mothúchán.

Imreoidh páistí leis na carachtair éagsúla a aimsíonn siad chun teorainn na samhlaíochta, na réaltachta agus an oird a sharú.

Caith éadaí compordacha.

Áisitheoir na ceardlainne: Clíona de Brí.

Caithfear tuismitheoir /caomhnóir a bheith in éineacht le haon pháiste a bhfuil ag freastal ar an gceardlann seo.

During this theatre workshop children practice mime sequences and explore the physicality of emotions. Children will play with the different characters they discover to push the boundaries of imagination, reality and order.

Wear comfortable clothing.

Workshop facilitator: Clíona de Brí.

Book places for children only, all children must be accompanied by a parent/guardian.

Booking link : [Book Free Ticket – Cear dlann Drámaíochta - Theatre Workshop in Irish and English for 6-12 year olds – Maynooth Community Library Main Street Maynooth Co. Kildare \(tickettailor.com\)](#)

Exhibitions

Cultural integration : A View from Pakistan - Exhibition in Acrylic on canvas & Mixed Media

-by Sobia Rasheed

Friday 28th June - Thursday 1st August

Exhibition Opening

Tuesday 2nd July , 6.30 pm – 7.30 pm

Opening of ' Cultural Integration : A View from Pakistan - Exhibition in Acrylic on canvas & Mixed Media' by Sobia Rasheed.

Light refreshments provided. All welcome. *Drop in*

Maynooth Community Library's Exhibition Space Open for Bookings

If you are a local artist or art group and would like to book our exhibition space, please contact us. Maynooth Community Library's Exhibition Space is available to host exhibitions from September 2025. To be placed on a waiting list to use the exhibition space in 2024, or for booking enquiries, please email maynoothlib@kildarecoco.ie.

House Cleaning Tips

Work smarter, not harder, with these cleaning tips!

Remove Pet Hair with Rubber Gloves

As much as we love our four-legged friends, pet hair can accumulate quickly. Skip spending extra money on tools and special attachments and use this simple cleaning hack. Simply wear rubber household gloves and run them over the surface of your furniture. The rubber will cause the pet fur to gather into a ball that can be easily thrown away.

Steam clean your Microwave

Place a bowl of lemon juice in your microwave and set the microwave for 2 minutes or until the lemon juice comes to a boil. This cleaning hack will produce steam to soften any debris stuck in the microwave. You'll be able to clean out the appliance with just the swipe of a cloth, plus you'll be left with a citrusy fresh scent.

Remove Wine Stains from your Carpet

Wine is known to be one of the toughest stains to remove. Luckily, club soda can be a saving grace. Start by spritzing the stain with club soda. Next, blot the wine, juice, or colored drink stain with a microfiber cloth. Repeat until the stain is gone.

Use Socks to clean Blinds

This cleaning hack from Melissa Maker of Clean My Space uses socks as a duster. First, put an old sock on one of your hands and spritz it with water. Then, grip each blind panel and slide your sock-covered hand from one end to the other, removing dust from both sides of the slat.

Use Lemon Oil and Vinegar for Shine

Woodwork and wood furnishings can gather dust and dirt buildup over time. Regular wipe-downs are necessary to keep wood looking shiny. For extra sheen, mix 1 part lemon oil and 1 part white vinegar for an environmentally friendly (and shiny) cleaning hack.



Remove Hard Water Stains

The house cleaning hack for removing hard water stains is simple: Soak paper towels in undiluted vinegar and place them on the buildup. Leave overnight, then scrub and rinse.

Clean Faster with these Products

- A 50-foot, 16-gauge extension cord lets you plug in your vacuum at a central location so you can clean a whole level without stopping to find another outlet.
- A microfiber mop with an extension pole dusts ceilings and walls quickly and easily. Just remove the cover and toss it in the wash when you're done.
- A double-sided squeegee is the best tool for cleaning windows. Dip it in your cleaning solution of choice and work in a tight S-pattern from top to bottom.



Natural Homemade Cleaners

Homemade cleaning solutions can be just as effective as store-bought cleaners. Go all-natural with these cleaning hacks that use items you already have around your home. Get a squeaky clean space with these must-try homemade cleaners.

- Baking soda works best on proteins, grease, and animal messes, and because it's only slightly abrasive, it can scour surfaces without fear of scratching. It's also a natural deodorizer and less expensive than commercial scrubbing powders.
- Distilled white vinegar works on alkaline substances by dissolving scale, inhibiting mold, and cutting soap scum. A mild acid, it's terrific for removing rust, tea, and coffee stains. It's typically sold at a 5% concentration, but it's more effective at higher concentrations, so pay attention to the fine print.
- Hydrogen peroxide is simply water with an extra oxygen molecule (H₂O₂). It breaks down into harmless oxygen and water, so it's a more eco-friendly alternative to chlorine bleach.
- Borax is an alkali that's good for cutting grease, oil, and dirt
- Essential oils such as tea tree, lavender, eucalyptus, lemon, and lemongrass enhance a cleaner's scent. Tea tree oil is also naturally antibacterial
- Castile soap is available in liquid or bar form and helps rinse away dirt. It's made with olive oil or a vegetable base and is available unscented or scented.






Source: /www.bhg.com/homekeeping/house-cleaning/tips/cleaning-hacks/

2024 Local Electoral Area: Maynooth

Summary

Electorate	Seats	Total Poll	Turnout	Valid Poll	Spoiled Votes	Quota
20,869	5	9,480	45%	9,391	89	1,566

Results

Candidate's Name		Party	1st Pref Votes	Elected /Eliminated
Ó Cearúil, Naoise		FF	1,880	Count 1
Durkan, Tim		FG	1,447	Count 3
Feeney, Angela		Lab	1,247	Count 6
Melrose, Peter		SD	1,195	Count 6
Ward, Paul		FF	1,095	Count 7
Lane, Tara		FG	952	Eliminated
Gaynor, Evelyn		SF	543	Eliminated
Meade, Liam		II	534	Eliminated
Hamilton, Peter		GP	498	Eliminated

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Writers' Corner - Short Stories/Articles from our Readers

Belfast Visit

August 2007

As the packed Enterprise train from Dublin glides slowly towards Belfast's Central Station I recall the late November day that I with a college pal hitchhiked from University College Galway to this city. In the intervening fifty-one years I haven't been back once, no doubt subconsciously deterred by the image of dour, southern-hating Loyalists. What sort of reception will my wife and I receive now that power sharing has finally been achieved?

The station is modern, its long corridor reminiscent of an airport terminal. After making enquiries, a friendly attendant advises us to take a local train back to Botanic Station, near which there are a number of guesthouses. It is excellent advice and we are soon ringing the bell of a corner B&B on Botanic Avenue. The Lebanese student who greets us is informative and welcoming. She regrets that there is no ensuite empty but we can have a room for three at a little extra cost, payment in advance. The room is somewhat cramped but as we are now within walking distance of the city centre we decide to accept. It turns out to be a wise choice.

After a cup of tea in the lounge, we walk up to Great Victoria Street, surprised to see a mountain ridge above houses to the west. On one gable a mural in large print proclaims that the district beyond is Loyalist territory but apart from this there are no obvious tribal markers. Most people we pass look open and relaxed and one man we speak to informs us that the mountain is called Black Mountain. The street, while busy, is not as crowded as a Dublin street would be on an August afternoon and there are almost no non-Europeans to be seen.

We pass the much bombed but now unblemished Europa Hotel and the ornate Grand Opera House before eventually turning right into Wellington Place and walking to Donegall Square. This square is dominated by the City Hall, an impressive building that with its surrounding lawn gives the city centre a sense of space and grandeur. People are strolling about inside the railing, two lovers are reclining on the grass and tourists are resting on benches.

We make enquiries about a good place to eat and are directed to the Basement Restaurant on the east side of the square. After a tasty meal of lamb chops with mash and red berry sauce, accompanied by a glass of Shiraz, all for the reasonable price of £14 each, we walk east to the recently developed Waterfront area, a lovely addition to the cityscape. Here the Hilton Hotel and Waterfront Hall facing the broad Lagan capture our attention but what strikes me especially is a gleaming metal-tube statue of a girl holding a hoop in her up-stretched hands. Does she symbolise the new spirit of freedom pervading this city? Further up there is another imaginative work of art, a beautiful large fish covered with ceramic tiles showing well-known local images. Despite the attractiveness of this whole area, however, it is, except for five or six boys with skateboards, almost deserted, perhaps because the Waterfront Hall is closed for renovation.

We retrace our steps down Great Victoria Street, passing The Spires, an ornate former Presbyterian church turned into a shopping mall, and the popular Crown Liquor Saloon, where good-humoured couples are standing on the pavement with glasses of beer – hardly the image of a kill-joy city! Back in our B&B we have an interesting discussion with the Lebanese girl about the unequal position of women in Moslem countries and she points out that despite having a female monarch here some professions such as pharmacy – for which she is doing a postgraduate course at Queens University – do not have equal pay for men and women: "Why doesn't the queen do something about that?"

After a cup of tea we watch BBC2 in our room before taking an early night's rest. As I pull the duvet over me I

recall how half a century previously my friend and I, notwithstanding our conspicuous display of UCG scarves, would still have been hitch hiking at this hour, it being 10pm by the time we managed to reach Belfast. On that occasion we stayed at the Union Hotel and the following day, a Saturday, joined spectators in Casement Park for the intervarsity Sigerson competition. Queens put on a grand display of Gaelic football but, to the best of my recollection, UCD won the cup by defeating UCC.

Back in the 21st Century my initial impressions of Belfast are confirmed next morning when we take a sightseeing bus tour. Our young female guide has a wicked sense of humour that spares neither Loyalist nor Nationalist. We are taken past the great landmarks such as Harland and Wolff with its two giant cranes, the popularly renamed George Best Airport and Stormont with its magnificent mile-long approach, then past the first 'peace wall', a reminder that, despite power-sharing, old rivalries still fester. This fact is reinforced later when we drive down the Shankill with its angry murals and remains of a massive 12th of July bonfire, though two small boys we pass call out a friendly greeting.

Maybe it's my Southern bias, but the Falls Road seems less paranoiac: there is a reverential mural of Bobby Sands – which counterpoises one of the Queen Mother in the Shankill – and various signs written in Gaelic, including Cultúrlann McAdam Ó Fiaich. Our guide informs us that each night the gate in the peace wall separating the Shankill and Falls is locked and does not reopen till 5a.m. She then tells a joke about the Mater Hospital, which the Loyalists pronounce 'Mayter' and the Nationalists 'Máter': "If you went to the hospital with a gash in your head, it wouldn't mayter or máter so long as you got it fixed!" Further on we pass a grammar school that President Mary McAleese attended as a teenager while I endeavour to snap another photo before we head east towards Queen's Quarter.

The tour over, we take a No1 bus to Belfast Castle on the slopes of Cave Hill. Public access to this wonderful amenity is free and there are various walks, one leading up to MacArt's Fort on the summit, where in 1791 Theobald Wolfe Tone, Samuel Neilson and other Protestant radicals formed the United Irishmen. Lack of time precludes a visit to the summit so we content ourselves with enjoying the bird's eye view of the city and, after lunch in the bistro, taking in the various exhibits. While waiting for the bus back to the city centre we photograph Cave Hill, its outline resembling a man's head – Could it be the profile of one of our Mesolithic ancestors or, if you prefer legend, of Finn Mac Cumhail, who built the Giant's Causeway?

Back in Botanic Avenue this evening we are able to transfer to an ensuite that costs less than our first room. The landlady, a warm, gregarious Armagh woman, confides that she only explains the facts of cultural divisions to her children, avoiding all emotional bias. In this part of Belfast there is none of the intertribal feuding that persists in some of the outlying estates, a view that our observations so far confirm.

Next morning we walk to Queens University, where, in the visitor's centre, Seamus Heaney's picture is prominently displayed. An attendant allows us to view the Great Hall, though its tables are laid for a wedding dinner, and a cabbie reverses unasked so that I can photograph the facade. In the Botanic Gardens we encounter the same spontaneous courtesy, men and women smiling an acknowledgment as they pass. This pattern is repeated throughout the day, whether it is the greeter in St. Anne's Church of Ireland cathedral entering into a long discussion that ranges from Dan Brown's Da Vinci Code to his dislike of the cathedral's new metal spire or the young deacon in St. Patrick's R.C. church who helps us find information about Sir John Lavery's beautiful painting of "the Madonna of the Lakes" on display in the side aisle.

Of course there are less pleasant images – the small group of winos sitting in an alleyway, the fortified police barracks with its massive gates opening onto a blast wall, the Orange Hall encased in wire-mesh on the northern fringe of the Shankill – but these are few and far between. What is more obvious is the quiet confidence of this city, a confidence that for me is epitomised by that new gleaming spire on St. Anne's or even, perhaps, the motor cyclist zooming up Great Victoria Street with his front wheel in the air!

In the city centre we visit another famous landmark, the Albert Memorial Clock, the Northern equivalent of Nelson's Pillar. Despite efforts to strengthen the foundation the pillar now leans 1.25 metres off vertical, causing it to be nicknamed "Belfast's Leaning Tower". City Hall's interior affords, among other delights, a spectacular view of the great dome and a number of stain glass windows, one commemorating the Great Famine and a more recent one, Jim Larkin and the Irish labour movement. Obviously the city authorities are making an effort to emphasise traditions common to both communities.

Over roast beef dinner in The Spires I tell my wife about a wild night in the Union Hotel following the Sigerson Cup when drink-fuelled renditions of rebel songs such as "Kevin Barry" led to the RUC being called. It was on that occasion also that a student climbed a hotel flagpole to remove a Union Jack that was later burned in Dublin's O'Connell Street. Thankfully things have moved on since those fractious times with former adversaries such as Ian Paisley and Martin McGuinness working amicably together in Stormont. Today's Belfast is a rapidly changing city, open and friendly, a vibrant young girl dancing with a hoop. We shall certainly return.

P. G. NERNEY

Quandary

I'm not certain we've the right
to set this trap baited with a piece
of irresistible Mars Bar –
fitting name since Mars was god of war –
for the nighttime garden raider
who steals our crocus bulbs.

I even wonder if he realizes
those crocuses belong to us
because we purchased them,
took trouble to prepare the soil,
pulled scutch grass, added fertilizer,
willed the green tips to appear?

We'd probably forgive the thief
if he admired those radiant blooms
that, marking winter's exit, gladden us,
and hastened to replant his loot
so he could gaze in rapture on
the treasures he appropriated.

But, baser even than the burglar
who takes some priceless work of art
for sale and not for viewing in his home,
this fellow eats the thing he steals –
and yet may hunger's pangs not cap
that pride the well-fed gardener feels?

Colin Scott

My Chequered Life Chapter 6

Wandsworth was just a change of location. From the start I was a marked man, in segregation, and that because I had been transferred there under a "good order and discipline" warrant. But I never gave in. I was equal to anything they threw at me. The goading, verbal and physical abuse continued but when I could I gave as good as I got. Even lying on the floor with a bloodied face I relished the times that I had got one of them with a good punch and maybe broke a nose or did some other damage. I was as hyped up to defend myself as they were to humiliate me but despite their best efforts I showed them that they could never break me and I made it as hard for them as I could by always doing as little as possible to facilitate them.

After about two months they got tired of me and I was moved to the Scrubs and into the segregation unit again. I was there for a while and got to know some of the lads who were always in trouble and were in and out of the unit so I wasn't totally alone. I had now been in segregation for 12 months and it came as a great surprise to be told that my transfer to Northern Ireland had been agreed. Soon after, I was transferred to the segregation unit in Birmingham prison and was there for two weeks before being moved on to Manchester segregation unit and from there after another few weeks I was transferred to Walton Prison. I knew I was on my way to the North but didn't know when as I was given no information whatsoever.

Apparently they were afraid I had planned an escape or some other cunning ruse. So anyway, my cell door was thrown open one morning at about five o'clock and the civilian clothes were thrown into me and I was told I was on my way to Northern Ireland. So off with me, in the care of four prison officers, to John Lennon airport. On arrival in Belfast I was handcuffed to a prison officer from the North and escorted to a blacked-out transit van, which had been driven out onto the tarmac. There were about six prison officers already in the van on bench seats on either side. Before I got in I had noticed that there were two armoured cars with soldiers who were to accompany us to Crumlin Road prison. I felt very important! In the prison I was no longer in the segregation unit but was put on the top floor of D wing with 14 UVF lifers some of whom were members of the Orange Order.

They were very curious as to who I was. I told them I was from the west coast, but said nothing about having met the IRA lads, and that I was transferred to the North for visits on compassionate grounds, as my father had died a short while before. So I was accepted and became friendly with a few of them. After a week or two my mother and my niece were delighted to visit me and as we were chatting in the

visiting room I noticed my mother looking over my shoulder. She had just noticed Ian Paisley visiting someone behind me. I looked around and there he was right enough, talking to John Weir, one of the lads from my wing. My mother was amazed to see the famous Ian in the flesh. These things happen in prisons and other things too. I was working out in the gym one day when a 15 kilo weight slid off the bar and almost hit the said John Weir! At the end of about two months in Crumlin Road, and a few more visits from my mother, I was moved back to segregation in Walton prison in England, with the same abuse and the same routine as before, and thankfully within about two weeks I was transferred to Lewes prison in Sussex where I was again put in solitary confinement. However, the principal officer, Hastings, who, as a junior officer, several years earlier in Chelmsford, came to me and said he was willing to give me a chance to reintegrate myself with the normal prison population.

I was to be allowed to go up onto B wing during association hours in the afternoon and evening but I would have to return to the segregation unit for the night until the authorities were satisfied with me. So I had a few weeks of this routine and then I was moved up permanently to B wing. There were mostly lifers on B wing and I knew some of them from other prisons I had been in. Soon there was a buzz around the prison that Reggie Kray was going to join us. I hardly knew who he was but he did arrive and was in a cell a few doors from me on the opposite side. Lots of the lads were dying to meet him, he was such a notoriety, then one morning this Welsh fellow, Ronnie Thurnball, came to me and told me that Reggie Kray had heard I was fairly handy at the boxing and wanted to do a bit of sparring with me in the gym.

I wasn't very enthusiastic but I said okay. So I went to the gym for a session to see how it would go. Thurnball arrived with Kray in tow. Kray was in his 60's but very intent on letting everyone know he was extremely tough and wasn't to be trifled with. Many a man was sorry for letting his guard down in his presence. Thurnball introduced us and we set to work with three-minute punch bag stuff and some weight training. This went on for about twenty minutes. He was looking strangely at me and commented on how fit I appeared to be. He then invited me out the back where there were crash mats on the floor and I said I had no interest. I knew he had some agenda other than fitness training and he didn't like me refusing him. He went off in a huff and I went back up to the wing to be told later by Thurnball that Reggie wasn't pleased with me. So what, said I. The lads on the wing, with a nod and a wink, agreed that I had done the right thing. That was Reggie Kray and his alternate agenda!

GM

St. Mary's Brass & Reed Band

The highlight of last month was our return visit to The Picnic in the Park in the Harbour where we were blessed with a beautiful sunny day. Our two Gazebos, thanks to an Intel Grant awarded last year, provided relief and shade from the sun although the original plan was for shelter from the rain. We were delighted to see that our music programme was enjoyed and appreciated by those attending the event and we in turn enjoyed the afternoon immensely. On Saturday 22d June we had a special collection to go towards the cost of buses, almost €1,800, needed to transport the Band to and from Dublin Airport and from Frankfurt Airport to Bad Orb for our visit to the International Music Festival.

This is our third visit to the Festival and we are proud to be the only Irish Band among 30 other groups from all over Europe taking part. The organisers have taken our Band to their hearts and are treated extremely well during the entire weekend. We would like to express our sincere thanks to everyone who donated and it shows just how much St. Mary's Band is appreciated by everyone in and around Maynooth.

We will be breaking new ground on 14th July when we play from 2.30 to 4pm in the Church of Ireland at Castletown gates in Celbridge. This location replaces our annual recital at Castletown House which unfortunately is not available for the time being but their will be market stalls outside the Church similar to the ones previously held at Castletown House. Finally during the course of our recitals and collections we met some people interested in joining one of our two Bands and we would be delighted to welcome experienced musicians to our Monday night rehearsals in the Band Hall on Pound Lane between 7.45 and 9.30 while beginners can join our Academy Band rehearsals on Saturday mornings between 10oc and 11.30.



Photo of our first recital on our first visit to Bad Orb in 2018



Maynooth Senior Citizens Committee



June was a great month of achievements for Maynooth Senior Citizens Committee. We have set up Facebook and Instagram pages. It is important that we communicate with our seniors in a variety of ways from the traditional pieces in the local newsletter such as this, emails, letters, announcements through local events and directly by phone or WhatsApp. It is great to be able to add social media to that list. Our other achievement was the art exhibition that was held in the Community Library. Titled "A Brush with Colour" the exhibition consisted of 33 paintings by 10 of our senior citizens members who attended our art on every second Thursday morning for the last 2 years. The classes were run by Susan Durack. The exhibition represented a selection of paintings in acrylic.

The subjects included landscapes, seascapes and still life and made for a very colourful and joyous display. There was a launch on the 9th June and the event was opened by Garry Bermingham, chairperson of MSCC. The exhibition was organised by members of the committee. Thank s to all who gave their time to this and to the staff of Maynooth Community Library who were a pleasure to deal with. A special work of thanks and appreciation must go the artists who showed their work. These were Patricia Cusker, Anne Feeney, Madeleine Lyons, Georgina Mulready, Kathleen McAtamney, Eileen McGlynn, Rose Murphy, Kathleen Owens, Lily Tansey and Robert Wilson. Well done all.

A reminder that the committee will take a break for the month of August and resume activities in September. We hope to commence activities on Tuesday mornings from September, more details later. If any of our seniors from the Maynooth/Ladychapel area would like to join us or find out more about what we do please leave a message on 0877974582 and we will return your call or alternatively please email: maynoothseniorcitizens@gmail.com.

Susan Durack, PRO

MU Law student receives prestigious award

Thursday, 20 June 2024 Maynooth University student, Marwa Zamir, has been named Law Student of the Year 2024 at the [Dye and Durham Irish Law Awards](#), held last Friday. [On World Refugee Day](#), Maynooth University has congratulated Marwa Zamir, a second-year student on the LLB Bachelor of Laws course, who arrived in Ireland from Kabul, Afghanistan, in 2016 at the age of 13 and was granted refugee status. Her time in Direct Provision fuelled her passion for advocacy and community involvement. Marwa, who is 20, has been actively advocating from a young age and became a youth leader in the Irish Refugee Council. She is the youngest member of the Refugee Advisory Board of UN High Commission for Refugees (UNHCR) Ireland, where she works to [promote the voices of refugees in policy decisions that affect them and advocates for young people](#).



Maynooth University student, Marwa Zamir, with her award at the Dye and Durham Irish Law Awards

This year, Marwa was selected for Young People's Committee of the National Youth Council of Ireland. In this role, she attended the [EU Youth Conference 2024](#) in Belgium in March.

Recently, Marwa participated in the Virgin Media TV series [Second Chances](#), hosted by Rebecca Tallon De Havilland, which focuses on empowering individuals who have faced and overcome challenges. In *Second Chances*, she describes her experience growing up in a war zone and witnessing a massacre outside her uncle's house in Kabul.

Speaking of Marwa's success, Head of the [School of Law and Criminology](#), [Dr Fergus Ryan](#) said: "I am delighted that Marwa Zamir has been awarded Law Student of the Year 2024 at the Dye and Durham Irish Law Awards. Marwa readily deserves this accolade, given the superb contribution she has made in several spheres as a brilliant and committed advocate and leader.

"We are so proud of Marwa and delighted with this achievement. Marwa's success is all the more impressive given the very competitive nature of this category, with high-achieving students drawn from top law schools all over Ireland. I wish Marwa every success in the future."

Dye & Durham Irish Law Awards aim to identify, honour, and publicise outstanding achievements, while also recognising those who have dedicated their lives to serving in the legal profession.

MU Design students display innovation and creativity in end-of-year show

Tuesday, 4 June 2024: Student designers at Maynooth University showcased a wide range of innovative projects, designed to address unmet human needs, at [Come into Focus](#), the Product Design and Innovation Degree Show which ran on campus over the bank holiday weekend.

The end-of-year show took place from May 31 to June 4 and featured projects from 24 students in the final year of the [BSc Product Design and Innovation](#) degree. It highlighted designs to address user needs across a wide range of areas such as accessible living, the environment, industry, health, and medical devices.

Among the products featured in the showcase were two by students who received [HSE Spark Innovation](#) grants of €1,000 to develop medical prototypes to aid patient recovery. Andrew Meehan designed *Curo* to provide active physio during a fracture recovery. The product has built-in electrical muscle stimulation (EMS) to help reduce muscle atrophy in damaged limbs by pulsing the muscles to keep them engaged during the recovery process. It has an accompanying app that allows patients to view their progress day to day. Andrew was named in the Top 10 in this year's Enterprise Ireland [Student Entrepreneur Awards](#).



Final-year students Andrew Meehan and Lancy Hyland pictured with their projects

Lancy Hyland, a top 10 finalist in the international [RSA Student Awards](#) this year, showed her product, *Connect*, a self-assisted rehabilitation system that offers patients a user-controlled recovery. It uses interchangeable resistance bands so patients can assess and build strength before surgery, and then can track progress through a colour-coded system after surgery.

Other notable products included Fatimah Wan's *Miru*, a way for people to embrace their

natural skin colour by using AI technology and colour theory. By streamlining the foundation selection process, *MIRU* saves the user time from looking through multiple foundation ranges and money from buying the wrong shade. By finding a complimentary colour pallet, the user can wear and shop for clothes better suited for their skin colour. It is aimed at makeup artists and beauty stores as a service they can provide to their customers.



Final-year student Fatimah Wan pictured with her Miru project

Eoin Conlon's [Air Locker](#), a clothing cabinet, aims to revolutionise eczema, allergy and asthma management by using HEPA (high efficiency particulate air) filtration, steam technology and UVC light to thoroughly clean clothes. This treatment method eliminates contact with irritants, allergens and bacteria on clothing and refreshes garments by removing odour and wrinkles.



Final-year student Eoin Conlon pictured with his Air Locker project

Other products include a wireless CPAP (continuous positive airway pressure) device for sleep apnoea patients, designed by Clint de Jesus, an equine therapy rug designed by Eline de Vries and Conor Raleigh's *Ace*, a personal opponent and 'ball boy' to help people practice tennis individually.

According to Dr Frank Devitt, who led the Final Year Major Project module: "It has been fascinating to follow these projects over eight months since first encountering the broad themes described in the 2023-24 RSA Student Design Awards competition last September. The RSA's five themes were: AI, Flourishing Places, In your Skin, Caring Culture, Made Natural."

"The students individually chose inspiration from one or a combination of the five themes of the competition. They then took their design project from there, through detailed research, investigation, ideation and conceptualisation on to full concept development, testing, visualisation, prototyping and costing, during which they followed our in-house design process of Audit, Research, Reframe, Ideate, Validate, Execute (ARRIVE)."



Product Design Show Exhibition

The Degree Show aims to demonstrate the rigour involved in the creation of products that respond to an unmet human need. It is an integral part of the BSc Product Design and Innovation degree, which provides graduates with the foundations, skills and creative confidence they need to become empathetic designers.



Pet Care for the Summer

Because our furry friends can't cool themselves down as effectively as we can, we must make sure they stay safe in warmer weather conditions. Heatstroke is a real risk for dogs as they must rely on cooling down by panting or releasing small amounts of heat through their paw pads. When air and ground temperatures are high, this becomes increasingly difficult, and they can quickly overheat.

So whether you are out on a walk or playing in the garden, it is important to remember to keep your dog cool to prevent the risk of heatstroke. The main signs of heatstroke in dogs are heavy panting, excessive drooling, collapsing or vomiting. Dogs suffering from heatstroke quickly need to have their temperature lowered and once they are cooled then taken to your nearest vet.

Cooling mats are perfect for both dogs and cats during hot weather. The mat creates a cool place for your dog to retreat to when they become too hot. The mat can be placed on the floor, your dog's bed or in a crate. This also makes the mat the perfect cooling tool when travelling during the summer with your dog. The cooling mat is waterproof and can be easily wiped clean.

Cooling toys keeps your dog cool during hot weather and allows them to have lots of fun at the same time. The toys can be reused over and over again. Just simply reopen the plug at the end of the toy, clean, refill with water and pop into the freezer once again. Cooling bandanas are seen as an essential cooling tool by many dog owners. They are a great way to keep your dog cool, calm & happy on hot days. The lightweight bandana works by helping to regulate your dog's temperature during hot weather.

The bandana contains a cooling gel that removes heat from your dog's neck and chest area and provides them with instant cooling relief. Once soaked in water and wrung out the bandana is ready to use. The bandana can then be placed over your dog's collar or harness. The cooling bandana is ideal for putting on your dog when going for walks in the summer time to keep them cooler for longer.

Provide shade and water - Make sure your dog has access to shade and plenty of fresh water throughout the day. You can place a damp towel in their shady spot that they can lie on to keep them even cooler. Don't forget to replace or rewet it regularly though as it can dry out quickly. Never place a damp towel over a dog as it could actually cause their temperature to rise.

Plan your walks - Walk your dog in the early morning or late in the evening when temperatures are cooler. This will reduce their risk of heatstroke. Be particularly careful if your dog is old, overweight, suffers from breathing difficulties or is a flat faced breed like Pugs, French Bulldogs or English Bulldogs. It won't hurt your dog to miss a walk here and there but it will cause serious problems or even death if brought out in very hot temps. If it is too hot for you, then its extremely hot for your pet.

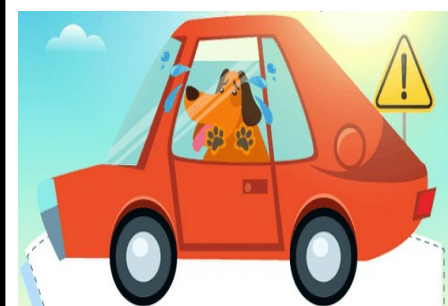
Familiarise yourself with signs of heatstroke and cooling first aid - The ability to identify if your dog is overheating and knowing how to administer cooling first aid could be lifesaving.

Do the five-second tarmac test - Tarmac can get very hot in the sun and could burn your dog's paws. Check the pavement with your hand before letting your dog walk on it – hold your hand down for five seconds, if it's too hot for you, then we recommend walking your dog later when it's cooled down to avoid burning their paws.

Don't let your dog get burnt - Keep your dog out of direct sunlight where you can. Use pet-safe sun cream on exposed parts of your dog's skin, like the tips of their ears and nose. Ask your vet for more advice if needed.

Consider not using the car - Think twice about any car trips with your dog, avoid congested roads or busy times of day when they could overheat in the car if you are caught up in traffic. Avoid long car journeys in hot weather, if you need to travel, avoid the heat of the day and use a car sunblind for shade.

Book in a trip to the groomers - It can be a good idea to trim back particularly hairy dogs' fur, so they won't get so hot.



Never Leave Your Dog in a Vehicle

Never ever leave your dog alone in a car. A dog could die in a hot car in just minutes. Even if the car is parked in the shade and the windows are left down, it does very little to keep the temperature in the car low.

Think twice about and car trips with your dog. If you do have to travel with your dog, plan your journey. Consider travelling at cooler times of the day, identify places to take breaks and avoid congested roads or busy times of day when you could get caught in traffic.

Warm weather advice

Walk your dog when it's cooler: early morning or late evening

Do the tarmac test: if you can't comfortably hold your hand on tarmac for five seconds then postpone your walk until it's cooler

Ensure your dog has plenty of water and shade all day

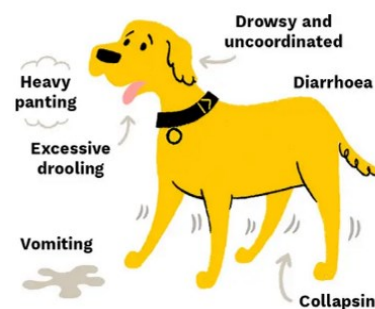


Take extra care

Flat-faced, overweight, unwell and older dogs are at increased risk of heatstroke

Exercise is the most common trigger for heat-related illness so take care not to over-exert your dog

Six signs of heatstroke



If your dog is showing any of these signs:

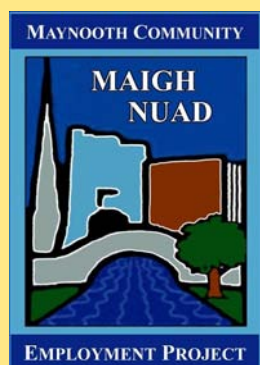
Immediately contact your nearest vet

- Move your dog into the shade
- Offer them drinking water
- Start cooling your dog by soaking their body with cold water, avoiding their face

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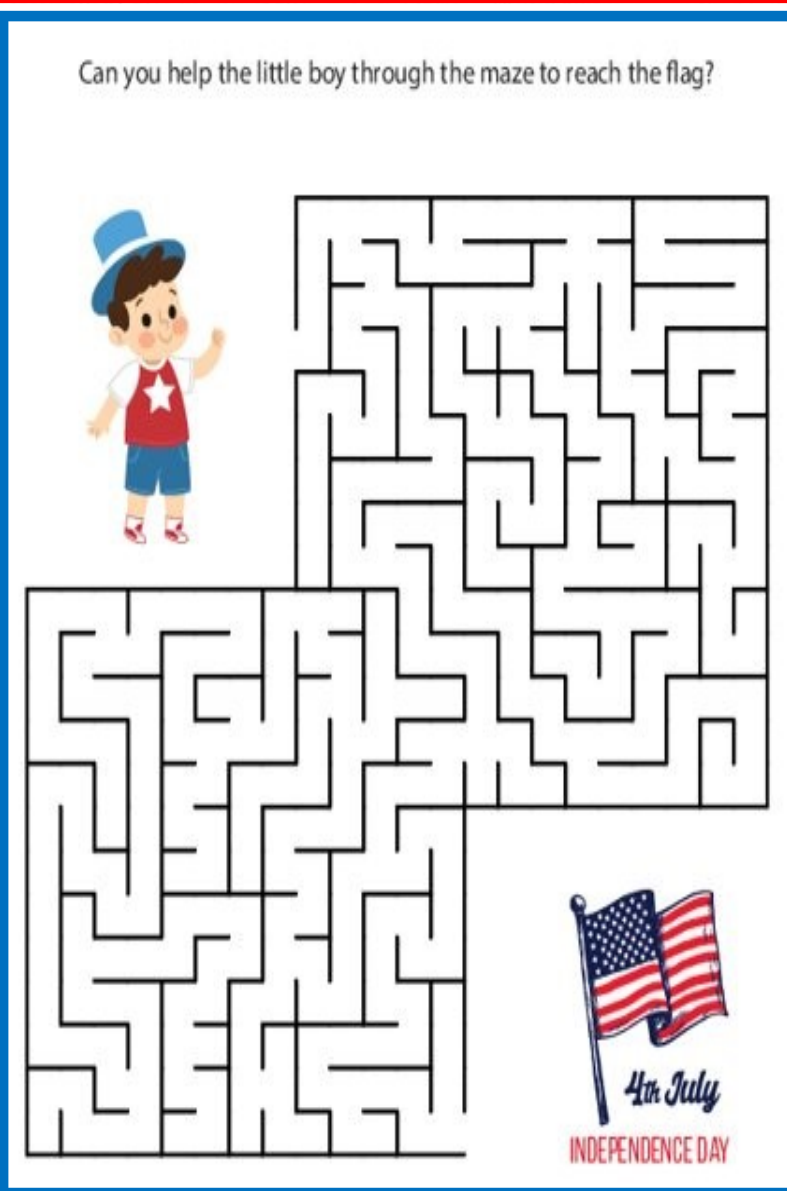
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4TH OF JULY

word search for kids

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AMERICA
BLUE
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DECLARATION
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FLAG
FOURTH

FREEDOM
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RIGHTS
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SUMMER
THIRTEEN
UNITED
WHITE

WORD SCRAMBLE

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Citizens Information Centre, Dublin Road, Maynooth

Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public. Information is also available online at www.citizensinformation.ie and from the Citizens Information Phone Service - 0761 07 4000 or Lo-call 1890777121



Back to School Clothing and Footwear Allowance

Weekly income limits for BSCFA in 2024

What is the Back to School Clothing and Footwear Allowance?

The Back to School Clothing and Footwear Allowance (BSCFA) is a payment to help families with the cost of school uniforms and shoes.

Many families get the BSCFA automatically. If you are paid automatically, you don't need to apply for the BSCFA.

If you don't get an automatic payment, you can apply for the payment online at MyWelfare (see 'how to apply' below).

Applications for the Back to School Clothing and Footwear Allowance opened on **12 June 2024** and will close on **30 September 2024**.

Can I get the Back to School Clothing and Footwear Allowance?

You can get the Back to School Clothing and Footwear Allowance (BSCFA) if you have a child that qualifies, and:

You are getting a qualifying social welfare payment, or are participating in an approved employment, education or training support scheme. See a list of qualifying payments and schemes on Gov.ie

Your household is within the BSCFA income limits (see 'Income limits' below)

You and each child you claim the BSCFA for are resident in Ireland.

If you are getting a social welfare payment, you must be getting an Increase for a Qualified Child (IQC) with your payment. There are some exceptions to this (see 'I don't get an IQC' below).

I don't get an IQC with my social welfare payment

If you are getting a qualifying social welfare payment but you don't get an IQC, you can still claim BSCFA if:

The rules of your payment do not provide for a child payment (for example, Maternity Benefit and Adoptive Benefit), or

Your spouse or partner's income is over the specified limit for your payment, but your overall household income is within the BSCFA income limits (see 'Income limits' below).

You must meet the other rules for getting BSCFA.

Does my child qualify?

To get the BSCFA, your child must be:

Aged between 4-17 on 30 September in the year you apply

Aged between 18-22 and returning to full-time second-level education in a recognised school or college in the autumn of the year you apply

Your child must be resident in Ireland.

Foster children

Foster children do not qualify for the BSCFA. This is because foster parents get a Foster Care Allowance, which includes help with the cost of clothing and footwear for the child.

Income limits for the Back to School Clothing and Footwear Allowance

Your total household income must be less than the amounts set out in the table below.

The Department of Social Protection (DSP) counts all your dependent children when applying the income limit, including:

- Your children who are aged under 4
- Your children aged 18 to 22 who are in third level education.

Calculating your total household income

Your total household income includes:

- Your weekly social welfare or Health Service Executive (HSE) payments, and
- Any other income you may have, including wages.

However, some social welfare payments are not included in the means test (see list below).

When assessing your income from wages, the DSP looks at your income before tax.

However, they don't include PRSI and a standard travel allowance of up to €20 per week.

Payments not included in the means test for BSCFA

Your income from the following payments is not counted in the means test for BSCFA:

- Child Benefit
- Rent Supplement or another SWA income supplement
- Working Family Payment
- Back to Work Family Dividend
- Guardian's payments
- Domiciliary Care Allowance
- Blind Welfare Allowance
- Foster Care Allowance
- Higher Level education grants
- Rehabilitative employment (up to €165 per week)
- Housing Assistance Payment (HAP)

Read about the income assessed for BSCFA on Gov.ie.

Number of children

Income limit

1 child	€666
2 children	€720
3 children	€774
4 children	€828*

*The income limit is increased by €54 for each additional dependent child.

How much is Back to School Clothing and Footwear Allowance?

See the table below for the current rates of Back to School Clothing and Footwear Allowance (BSCFA):

Rates of BSCFA 2024

Child's age on 30 September 2024

Rate of payment

Age 4-11	€160
Age 12-22	€285*

*Children aged between 18-22 must be returning to full-time second-level education in a recognised school in the autumn of 2024.

How to apply for the Back to School Clothing and Footwear Allowance

I get the BSCFA automatically

You don't need to apply for the Back to School Clothing and Footwear Allowance (BSCFA) if you get the payment automatically.

The Department of Social Protection (DSP) will let you know if you are paid automatically using your MyWelfare account, or by post.

If you don't hear from the DSP by the end of June, you must apply for BSCFA online, even if you got the BSCFA payment last year. See 'I don't get the BSCFA automatically' below.

I don't get the BSCFA automatically

If you don't get the payment automatically, you can apply for the Back to School Clothing and Footwear Allowance online at MyWelfare.ie. You will need a verified MyGovID account.

If you don't have a verified MyGovID account, you can call the BSCFA contact centre on (071) 919 3318 or 0818 11 11 13, and they will help you to set one up. They can also post you a paper copy of the application form.

Or, you can download and print a paper application form for the BSCFA (pdf).

Applications for BSCFA opened on 12 June 2024, and will close on 30 September 2024.

You should apply for the BSCFA before the closing date if:

You have applied for a social welfare payment and are waiting for a decision on your application, or

You have appealed a decision not to award you a social welfare payment

Your BSCFA application will be decided when you get a decision on your social welfare payment application, or on your appeal.

Appealing a BSCFA decision

If you are unhappy with the decision on your BSCFA application, you should send a letter to the Back to School Clothing and Footwear Allowance Review Section (see contact details under 'More information' below).

In your letter, you should:

- Explain the reasons why you think the decision was incorrect
- Ask that your application be reviewed.

You should ask for a review within 21 days of getting your decision.

You can't appeal a BSCFA decision to the Social Welfare Appeals Office.

More information

Back to School Clothing and Footwear Allowance Section

Department of Social Protection

Social Welfare Services

Department of Social Protection

College Road

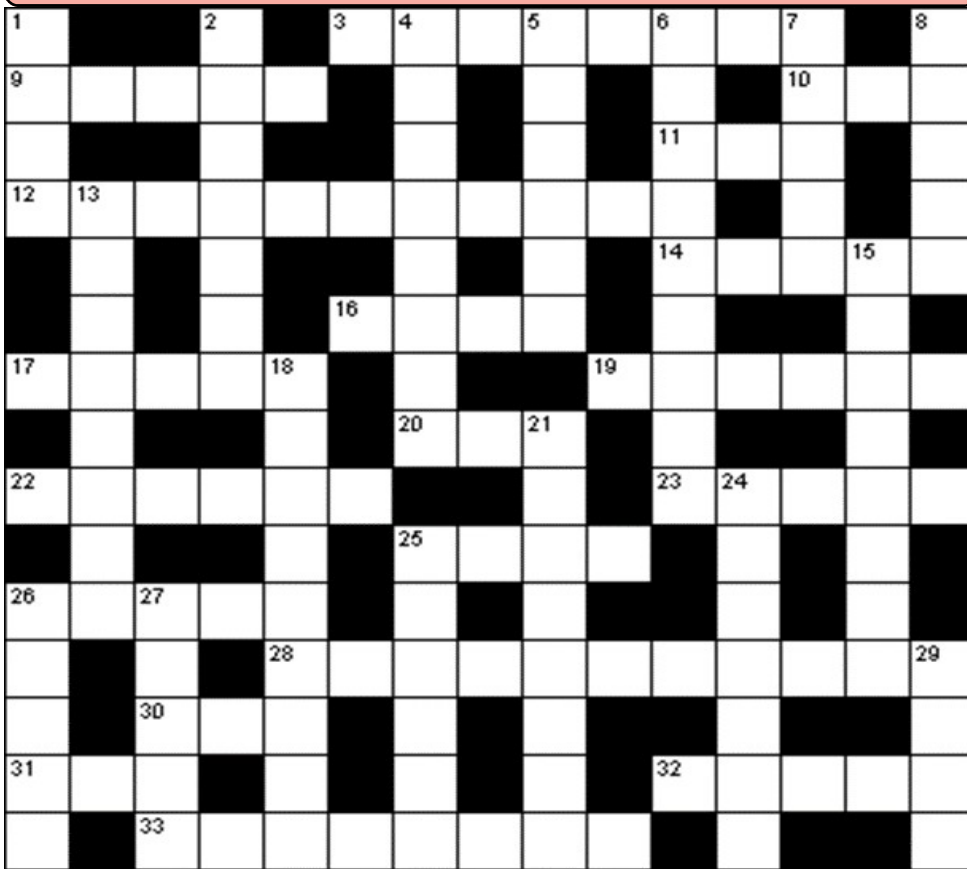
Sligo F91 T384

Tel: (071) 919 3318 or 0818 111 113

Homepage: <https://www.gov.ie/en/service/41eb8b-back-to-school-clothing-and-footwear-allowance/>

Email: BSCFA@welfare.ie

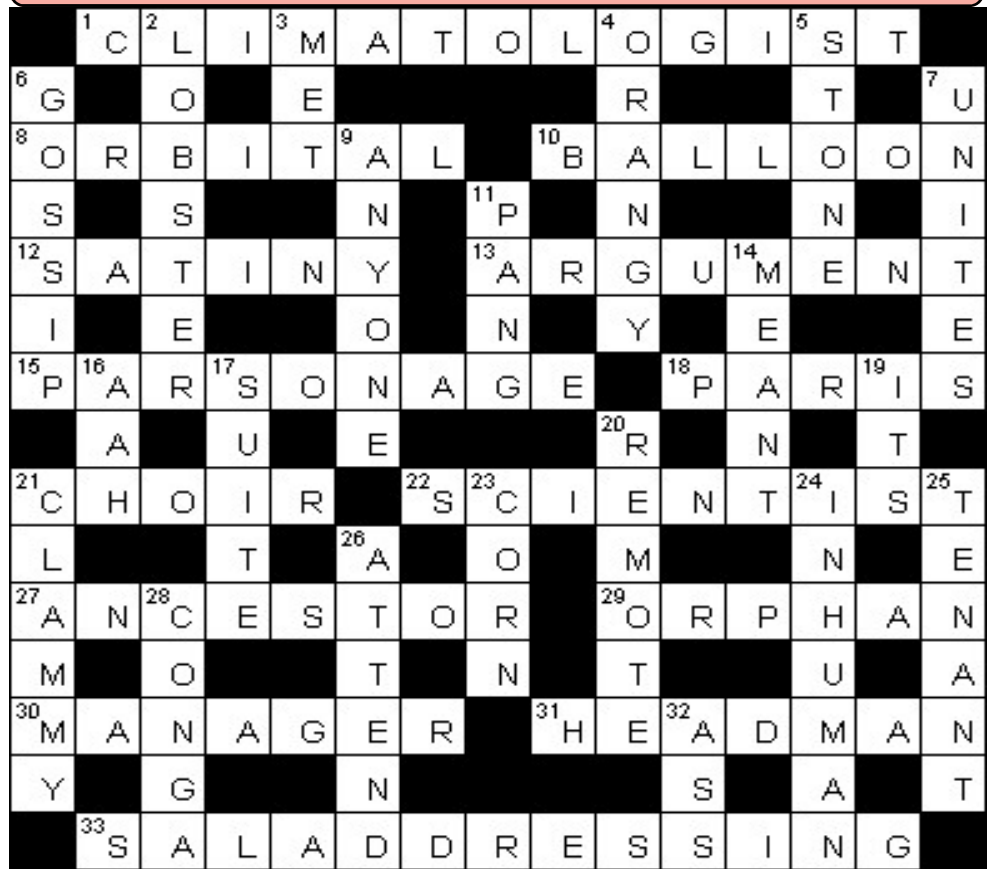
July 2024 Crossword - No. 536



Clues Across

- 3. Communicating corridors (8)
- 9. Harass (5)
- 10. Electrically charged atom (3)
- 11. Toward the stern (3)
- 12. Woman who herds sheep (11)
- 14. Resembling suds (5)
- 16. Club-like weapon (4)
- 17. Past tense of stand (5)
- 19. Gibberish (6)
- 20. Belonging to him (3)
- 22. Little job (6)
- 23. Planet (5)
- 25. Ruffian (4)
- 26. Wash (5)
- 28. Tenant under a lease (11)
- 30. 21st letter of the Greek alphabet (3)
- 31. Period of human life (3)
- 32. Tugs (5)
- 33. Direct light of the sun (8)

Solutions to Crossword No. 535



Clues Down

- 1. Sailors (4)
- 2. Underwater missile (7)
- 4. To come nearer to (8)
- 5. Plot (6)
- 6. Articles of glass (9)
- 7. Located (5)
- 8. Take pleasure in (5)
- 13. Emotional outburst (8)
- 15. Deficiency in quantity (8)
- 18. Weed plant (9)
- 21. Cooking pan (8)
- 24. Clap (7)
- 25. Roof covering (6)
- 26. Sheep cry (5)
- 27. Ribbons (5)
- 29. Coarse file (4)



Difficult

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Sudoku Challenge

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If you have access to a printer and wish to complete the Crossword and/or Sudoku for fun you can print the single page by going to File -> Print and print the single page number only.



Maynooth Autism Friendly Town Update

MAFT - IPB Pride of Place 2024 Representatives



We have an announcement!
We have been chosen to Represent Kildare County Council in the final of the IPB National Pride of Place Awards 2024

Supervalu Maynooth

MAFT Champion SuperValu Maynooth have introduced full day Autism Friendly Shopping on Wednesdays, a sensory corner by the tills and proudly promotes the fact that Maynooth is an Autism Friendly Town

These great initiatives make a huge difference to the experience of what many people think of as a very straight-forward task of going shopping

Picnic in the Park

We were delighted to assist Maynooth Community Council at this years fantastic Picnic in the Park event to make it more accessible for families with People with Autism by providing these great event cards and a Communication board

This allowed families to participate in a much wider range of events in a less stressful way.




For updates on these exciting programs and to stay connected with the MAFT Association, keep an eye on our newsletter and our Social Media. We look forward to welcoming you and your family to our upcoming events!

IRELAND'S AUTISM CHARITY
Contact us on our social media or email autismfriendlytownmaynooth@gmail.com



Maynooth Autism Friendly Town Update

GAA For All

Maynooth GAA launched an Inclusive GAA 4 All team and the initial run of it came to a close with a fantastic event this month. The fun and participation from the coaches, kids and their families was great to witness.

Being part of a team is another milestone that many people with additional needs never get the opportunity to reach. The more clubs and societies that recognise this and open their doors to this forgotten part of the community the stronger the community will be



Inclusive Summer Camps

The North Kildare Skylarks are hosting a Inclusive Rugby Summer camp and the North Kildare Eagles are hosting a Basketball 4 all summer camp in July if you are interested in more details look at the social media pages for the teams for more details

AsI Am Forest Ramble Donadea

MAFT was proud to support the AsI Am Forest Ramble in Donadea, this sensory walk was carried out in aid of the Autism Community.

Make sure to follow our socials for updates on other events in the area




For updates on these exciting programs and to stay connected with the MAFT Association, keep an eye on our newsletter and our Social Media. We look forward to welcoming you and your family to our upcoming events!

IRELAND'S AUTISM CHARITY
Contact us on our social media or email autismfriendlytownmaynooth@gmail.com



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picnic in the park

Photo Gallery 1

Photos courtesy of Ronan Melia





picnic in the park

Photo Gallery 2

Photos courtesy of Ronan Melia





picnic in the park

Photo Gallery 3

Photos courtesy of Ronan Melia





picnic in the park

Photo Gallery 4

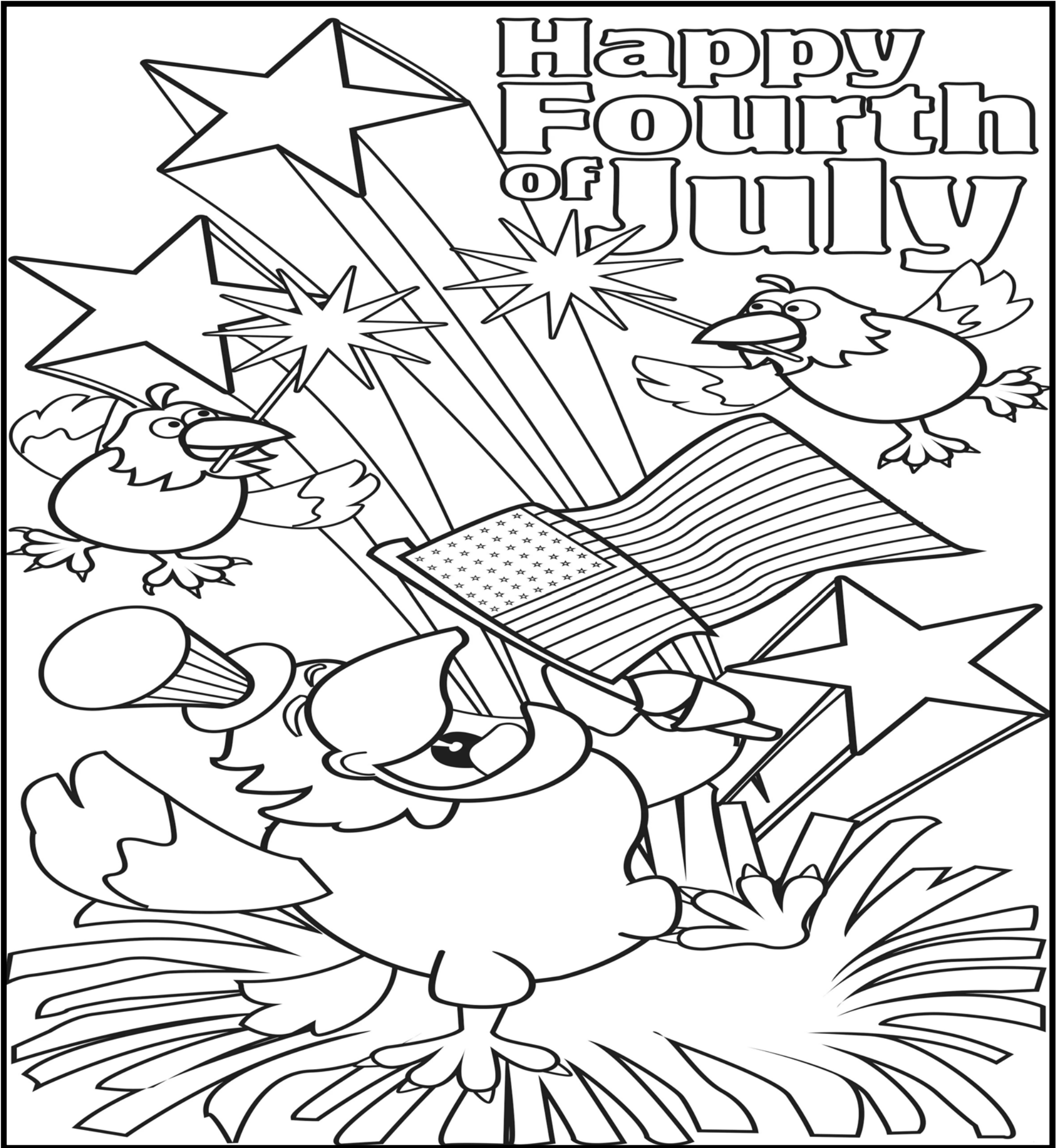
Photos courtesy of Ronan Melia



COLOURING FOR FUN

NB To Print the page go to File, select Print and put in this page number. Then Print.

All puzzles sourced free from Google



Curried Chicken and Rice Salad

Preparation time

less than 30 mins

Cooking time

30 mins to 1 hour

Serves

Serves 2

Strips of chicken breast are tossed with spiced rice, flaked almonds, sliced apple, cherry tomatoes and Tender stem broccoli to make a colorful, filling and portable lunch. Simply pack into a plastic container, pop into a cool bag with a couple of ice blocks and keep well chilled.



Ingredients

75g/2½oz wholegrain long-grain rice

2 tsp medium curry powder

100g/3½oz long-stem broccoli, trimmed and cut into short lengths

½ chicken stock cube

1 chicken breast, boned and skinned

1 small onion, half thinly sliced, half finely chopped

1 bay leaf

low-calorie cooking spray

15g/½oz flaked almonds, toasted

1 small eating apple, cored, halved and thinly sliced

100g/3½oz cherry tomatoes, halved

3 heaped tbsp roughly chopped fresh coriander

½ lemon, juice only

salt and freshly ground black pepper

Method

Half-fill a medium saucepan with water and bring to the boil. Add the rice and one teaspoon of curry powder. Cook for 25 minutes, or until tender. Add the broccoli and cook for a further two minutes. Drain in a colander and rinse under cold running water until cold.

Meanwhile half-fill a small saucepan with water, add the stock cube and bring to the boil, stirring until the stock dissolves. Add the chicken, the sliced onion and bay leaf and reduce the heat. Simmer for 15 minutes or until the chicken is cooked through. Drain in a sieve, reserving the cooking liquor. Set the chicken aside to cool.

Return the pan to the heat, spray with oil and add the chopped onion. Cook over a low heat for three minutes, stirring. Add the remaining curry powder and stir for a further few seconds.

Pour 200ml/7fl oz of reserved cooking liquor into the pan and bring to a simmer. Cook the onion for 5-6 minutes, or until most of the liquid has evaporated, stirring occasionally. Remove from the heat, spread across a plate and leave to cool for five minutes before transferring to the fridge until cold.

Tear the chicken into pieces and place in a bowl. Tip the rice and broccoli on top, add the cooled spiced onions, almonds, apple and tomatoes. Scatter with the coriander and sprinkle with lemon juice. Season to taste and serve.

Microwave bourbon biscuit fudge

Ingredients

397g tin condensed milk

500g/1lb 2oz white chocolate, broken into pieces

20 bourbon cream biscuits, broken into pieces

Method

Line a 20cm/8in square cake tin with a sheet of baking paper.

Tip the condensed milk into a large microwavable bowl. Add the chocolate and microwave on high for 4 minutes, stirring every minute until smooth.

Stir in most of the broken biscuits then tip into the tin, levelling off with the back of a spoon.

Crumble the reserved biscuits over the top. Leave to cool then cover and chill in the fridge for at least 2 hours before cutting into 36 small cubes.

Keep the fudge in the fridge in an airtight container for up to 1 week.



Source www.bbc.ie/food

July Gardening

Flowering plants in July

Transplant your winter/spring flowering seedlings into modular seed trays, or growing-on pots to keep them tidy and healthy. Dead-head bedding plants, shrubs (especially roses) and perennials to encourage further flowering.

Use a spray of potassium bicarbonate on roses to control rust, black spot or mildew if you notice any symptoms. Sow Alyssum saxatile 'Golden Queen', campanula seeds, coreopsis 'Mardi Gras', delphinium 'Magic Fountains Mix', myosotis 'Spring Symphony Blue', pansy seeds and pyrethrum seeds this month.

Sow biennial foxglove seeds and Sweet William 'Perfume Mix' for planting out in autumn. Apply liquid feed to perennial plants now to encourage a fresh flush of growth. Remove any flower buds from your dahlia plants (called disbudding) below the main leading flower bud. This strengthens the stem and makes the remaining flowers noticeably larger. Pinch out chrysanthemum shoot tips in early July to encourage a branching habit and more blooms.



Vegetables in July

Water your growing onions and shallots regularly to ensure you get a crop of larger bulbs with good flavour. Keep on top of weeds during July. They benefit from the longer daylight hours as well as your crops! Remove any side shoots from your tomato plants. Stop the plants when 4-5 trusses of fruit are present by nipping off the main growing tip. Feed your tomatoes regularly with organic tomato food. And don't allow the soil to dry out or you run the risk of blossom end rot.

Start harvesting your second early potatoes. Make sure the potatoes have developed into a good size before digging them all up by gently lifting one or two tubers to inspect. If they're a bit on the small size, leave them a little longer, remembering to water regularly every week. Harvest beetroot and carrots while they're young and tender. Carry on staggering your sowings of carrot seeds, lettuce and leaf seeds, and spinach seeds through the month. Sow spring-maturing cabbage seeds this month. Sow broad bean 'The Sutton' and dwarf French bean seeds until the middle of the month. Pick regular harvests of runner beans, French beans, and courgettes to encourage further cropping. Keep an eye on your courgettes and harvest before they grow into marrows. Plant out your pot-grown sweetcorn. It's best to place the plants in blocks rather than rows, spacing them out about 45cm (18") apart each way, to aid wind pollination. Take cuttings of herb plants such as thyme and sage using the fresh summer growth.

Fruit in July

Pick your soft fruit this month. It's time to make the most of those strawberry plants, raspberry plants, and red, white, and black currant plants.

During fruiting, remove strawberry runners by cutting them close to the base of the plant. This focuses the plants' energy on producing good size fruit.

Prune established plum trees and apricot and peach trees now.

Tie new growth from your blackberry plants and loganberries to sturdy supports.

Pinch out the growing tips of fig tree side shoots when they get to five leaves from the main stem. Make sure to wash any sap off your skin as it can be an irritant.

Protect fruit bushes from birds by covering them with plant netting. Remember to check daily that no birds are trapped. Pots, baskets and containers in July

Hanging baskets and containers dry out quickly in warm, sunny conditions. Water them twice a day, and feed every few weeks to promote flowering.

With regular watering and feeding, cascading varieties such as 'million bells' and petunia 'surfinia' will flower right through summer until the first frosts.



General July garden jobs

Remember that your potted plants require daily watering during warm weather, especially those in the greenhouse. Water your grow bags daily to prevent them drying out. Give your container plants a feed this month.

Open doors and ventilators in the greenhouse each morning. Remember to close the doors in the evening to keep predators out. Keep a lookout for whitefly and red spider mite, especially in greenhouses and conservatories.

Treat any infestations using a biological control and put up sticky traps.



Source: www.suttongarden.com





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Kildare Planning Applications for Maynooth Area
Planning Applications received from 29/05/2024 to 25/06/2024 Information from Kildare County Council Website

App #	Authority	Applicant Name	Development Address	App Date
2460576	Kildare County Council	Maura O'Connor	78 Leinster Wood, Carton Demesne, Maynooth, Co. Kildare	25/06/2024
24197	Kildare County Council	Paul Byrne	13 Castlepark Grove, Maynooth, Co. Kildare	20/06/2024
24198	Kildare County Council	Brian Chubb	13 Beaufield Green, Maynooth, Co. Kildare	20/06/2024
2460537	Kildare County Council	John and Hilary Hurley	Cormickstown, Maynooth, Co. Kildare	14/06/2024
24189	Kildare County Council	Cliona and Jonathan Cosgrove	38 Hayfield, Greenfield, Maynooth, Co. Kildare	12/06/2024
2460491	Kildare County Council	Leeanne and Edward O'Toole	10 The Lawn, Moyglare Hall, Maynooth, Co. Kildare	30/05/2024
2460494	Kildare County Council	EirGrid Plc.	Maynooth 220kV Substation, Taghadoe and Windgates, Co. Kildare	30/05/2024

Maynooth Community Contacts Listing

Group Name	Contact Number	E-Mail Address	Facebook Page/ Website
An Nuadha Players		annuadhplayers@gmail.com	https://www.facebook.com/annuadha
An Post Sorting Office Maynooth	01-6293390		
Bernard Durkan T.D.	01-6183732	bernard.durkan@oireachtas.ie	www.facebook.com/bernarddurkan
Brass & Reed Band (St Mary's)		sec@stmarysbandmaynooth.ie	https://www.facebook.com/maynoothband/
Catherine Murphy T.D.	01-6183099	catherine.murphy@oireachtas.ie	https://www.facebook.com/catherinemurphytd
Cemetery Committee (Laraghbryan)	01-6293018		
Church of Ireland	01-6292163	secretary@meath.anglican.org	
Citizen Information Centre	1890777121	maynooth@citinfo.ie	
Cllr. Angela Feeney	087-2381962	angelaemfeeney@gmail.com	
Cllr. Naoise Ó Cearúil	086 7280050	cllrnaoise@gmail.com	https://www.facebook.com/naoiseoceanuil/
Cllr. Paul Ward	087 2294697	cllrpaulward@gmail.com	
Cllr. Peter Melrose	089 263 7612	peter.melrose@socialdemocrats.ie	
Cllr. Tim Durkan	086-8632784	tim.durkan321@gmail.com	
Cloth Nappy Library Ireland	087-9949183	zerowastemaynooth@gmail.com	https://www.facebook.com/NappyLibraryIreland
Community Welfare Services	0818607080	Kildarecws@welfare.ie	
Employment Office	01-6106000	bo.maynooth@welfare.ie	
Intreo Employment Services Office	01-6016360	EstMaynooth@welfare.ie	
James Lawless T.D.	01-6183587	james.lawless@oireachtas.ie	https://www.facebook.com/JamesLawlessFF/
Kildare Civil Defence	045 980529	pmcneela@kildarecoco.ie	
Kildare County Council	045 - 980200	customerservice@kildarecoco.ie	
Kildare County Council (Local Office)	01 - 6286236		
Kildare MABS	0818 07 2600	kildare@mabs.ie	
Maynooth Autism Friendly Town	0863329050	autismfriendlytownmaynooth@gmail.com	https://www.facebook.com/maynoothaft/
Maynooth Community Care Unit	01-6106351		
Maynooth Community Church	01-5054990	office@maynoothcc.org	https://www.facebook.com/maynoothcommunitychurch/
Maynooth Community Library	01-6285530	maynoothlib@kildarecoco.ie.	facebook.com/KildareCountyLibraryService
Maynooth Cycling Campaign	086-8252934	Maynoothcycling@gmail.com	https://maynoothcyclingcampaign.com/
Maynooth Fishing Club	01-6293202	info@maynoothfisheries.com	
Maynooth GAA Club		secretary.maynooth.kildare@gaa.ie	https://www.facebook.com/maynoothgaa/
Maynooth Health Centre	01-6106130		
Maynooth Kilcock Lions club		contact@maynoothkilcocklionsclub.org	https://www.facebook.com/MaynoothKilcockLionsClub/
Maynooth Library	01-6285530	Maynoothlib@kildarecoco.ie	www.facebook.com/KildareCountyLibraryService
Maynooth Newsletter	01-6285922	office@maynoothcep.com	https://www.facebook.com/MCEPNewsletter
Maynooth Senior Citizens		maynoothseniorcitizens@gmail.com	
Maynooth Students Union	01-7083669	frontdesk@msu.ie	https://www.facebook.com/MaynoothSU
Maynooth Tidy Towns	083 304 6130	maynoothtidytowns@outlook.ie	https://www.facebook.com/MaynoothTidyTowns
Maynooth Town Football Club	086-1060654	info@maynoothtownfc.ie	https://www.facebook.com/MTFC1969/
North Kildare Club	01-6103909	info@northkildareclub.ie	
North Kildare Tennis Club		info@northkildaretennis.ie	
Parish of St. Mary's Maynooth	01-6293018	maynoothparishoffice@gmail.com	
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Zero Waste Maynooth	087-9949183	zerowastemaynooth@gmail.com	https://www.facebook.com/zerowastemaynooth

If you wish to have your Community contact added, updated or removed from the above listing please e-mail office@maynoothcep.com with "Community Contact" in the subject line.